ESTC ROUTE CARD

DATE :

ROUTE CARD COORDINATOR'S MOBILE :

- *Know the weather*
- *19.12 Monday-Friday,06:58 and 18:58 on Saturday 06:58 and 19:58 on Sunday 92-95 FM The Met Office: 01392-885680 or* www.mwis.org.uk*.*
- *Carry map, compass and appropriate safety equipment (ice axe, crampons, bivi-bag, group shelter, first aid kit) and know how to use them.*
- *Completion of this route card is voluntary.* ***IMPORTANT: If you wish to be checked on,*** *record your contact phone number and indicate at what time the police should be alerted.*

NAME(S)	ROUTE	ALERT TIME

Raising the alarm: Dial 999 and ask for the police, who will coordinate mountain rescue.
The holder of this route card has no legal liability should they fail to alert the police.

The Edinburgh Ski Touring Club recognizes that ski touring and other mountain activities are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement. All members of a group undertaking club activities owe a duty of care to the people with whom they share the activity. Members involved in Club activities must be aware that those leading walks, ski trips, cycle rides or climbs are not necessarily qualified, do not need to be qualified, and, are not regarded by the Club nor regard themselves as “technical experts”.